



PARISH OF CASHEL NEWSTOWN
19TH SUNDAY IN ORDINARY TIME / B
12TH AUGUST 2018



Mass Times & Masses for the dead as follows:

Sat	11th	Aug	8.00pm	
Sun	12th	Aug	12 Noon	Saint's Island Cemetery Sunday: Nan Farrell (3rd Anniv) & her husband Harry, Clonmee. Mass for the people of the parish. The deceased members of the Kelly Family, Carrowbeg & Ellect.
Mon	13th	Aug	8.00pm	
Tues	14th	Aug	8.00pm	
Wed	15th	Aug	10.30am	The Assumption of The Blessed Virgin Mary Sean & Peter Murtagh, Newpark. 8.00pm Special Intention.
Thurs	16th	Aug	9.30am	
Fri	17th	Aug	8.00pm	Pat, Nan & John Clarke, Curroole.
Sat	18th	Aug	8.00pm	Peter & Bridget Carley, Paddy Joe Carley. Eamonn Carley & D.F.M. Portanure.
Sun	19th	Aug	12 Noon	Cashel Cemetery Sunday: Trish Carberry, Derryhaun.

Eucharistic Adoration continues on Wednesday 3pm-9pm and Friday 8.30pm-9pm

Eucharistic Roster: 8.00pm Sat 18th Aug Monica Farrell & Kathleen Clarke.
10.30am Sun 19th Aug Yvonne Kenny & Elizabeth Whitton.

Readers' Roster: 8.00pm Tues 14th Aug Luke Mulvihill.
10.30am Wed 15th Aug Tara Farrell
8.00pm Sat 18th Aug Martin Skelly.
12 Noon Sun 19th Aug Dermot Healy.

ST. MARY'S N.S. Part Time Cleaner Required commencing 1st September. Applications in writing to Chairperson B.O.M. St. Mary's N.S., Newtowncashel, or e-mail newtownc1@gmail.com on or before 22nd August.

'Le Ceile le Christ' Solemn evening prayer to open the World Meeting of Families 2018 will take place in St. Mel's Cathedral Longford on Tuesday 21st August @ 7.30pm. Families from every Parish in the Diocese are warmly welcome. Bishop Francis Dully presiding.

O'Haire's Bus Company is running a bus to Knock for the Pope's visit. Parishioners with tickets can book a seat. Tel: 087-9004876.

Fun Run / Walk on Saturday August 25th in aid of Ratheline Ladies GAA will take place at Ratheline GAA Club House, Clonbunney. Registration at 10.30am. All Welcome.

The Longford branch of the Irish Kidney Association would like to thank the people of Newtowncashel Parish for their very generous contribution of €442.00 collected on Saturday 4th and Sunday 5th August. Thank you.

The Transport Team, Tickets.ie: re: Bus to the Phoenix Park - Hi Father, The tickets have not been sent out yet. They will arrive in a pack that will include parking information and departure times for the coach. We cannot send these packs until everyone has confirmed their numbers and we are still waiting on this unfortunately.

They will arrive no later than the beginning of the week of the mass.

Reflection: During a research experiment a marine biologist placed a shark into a large holding tank and then released several small bait fish into the tank. As you would expect, the shark quickly swam around the tank, attacked and ate the smaller fish. The marine biologist then inserted a strong piece of clear fibreglass into the tank, creating two separate partitions.

She then put the shark on one side of the fibreglass and a new set of bait fish on the other. Again, the shark quickly attacked. This time, however, the shark slammed into the fibreglass divider and bounced off. Undeterred, the shark kept repeating this behaviour every few minutes to no avail. Meanwhile, the bait fish swam around unharmed in the second partition. Eventually, about an hour into the experiment, the shark gave up.

This experiment was repeated several dozen times over the next few weeks. Each time, the shark got less aggressive and made fewer attempts to attack the bait fish, until eventually the shark got tired of hitting the fibreglass divider and simply stopped attacking altogether.

The marine biologist then removed the fibreglass divider, but the shark didn't attack. The shark was trained to believe a barrier existed between it and the bait fish, so the bait fish swam wherever they wished, free from harm.

Many of us, after experiencing setbacks and failures, give up and stop trying. Like the shark in the story, we believe that because we were unsuccessful in the past, we will always be unsuccessful. In other words, we continue to see a barrier in our heads, even when no 'real' one exists between where we are and where we want to go.

On the other hand, St. Teresa Benedicta of the Cross (Edith Stein) was born Jewish and grew up as an atheist, suffered depression for a long time. At one point, she wrote: "I gradually worked myself into real despair ... I could no longer cross the street without wishing that a car would run over me ... and I would not come out alive ..." Edith suffered intense depression, starting before her conversion, principally on the many occasions when she was scorned and humiliated because she was of Jewish origin and a woman. An intellectual, a philosopher, and a disciple and assistant of renowned philosopher Edmund Husserl, she finally found in God the Truth she sought for so earnestly, thanks to reading the works of St. Teresa of Avila, the great Spanish mystic. She then embraced God's grace with such totality that it gave her the strength to deal not only with her intense interior sufferings, but also with the deadly darkness of Nazism.

After her conversion and radical consecration to God as a Discalced Carmelite, Edith Stein took the religious name of Teresa Benedicta of the Cross. She was able to persevere to the point of martyrdom, keeping her clarity of mind, her faith, her hope, and her love even in prison and in the face of the execution she suffered at the concentration camp of Auschwitz-Birkenau. Offered her freedom by a politician of influence, she refused, saying, "That would be to let down my brothers and sisters here - with whom I am one". She faced that extreme situation with the serenity and peaceful soul of someone who learned to deal with the ups and downs of depression, seeing beyond the immediate, and embracing a life that never ends, because it is eternal ... and which is able to shine even in the deepest darkness of death in a concentration camp. Teresa was canonised in 1999 - her Feast Day was on August 9th last.

Moral: Elijah, one of the greatest prophets of all time, under severe threat to his life gave up saying, "Lord, I have had enough. Take my life. I am no better than my ancestors." But the Lord saved him ... because he called on Him in the midst of his despair. St. Teresa Benedicta, a modern saint, did likewise. These great people show us that the strongest and most saintly among us can often struggle with depression and ultimately become the stronger for it.